

**Life Group Notes & Discussion Guide, February 8<sup>th</sup>, 2026**

**“The One Thing”**

**“Being of One Heart & One Soul”**

Sermon text: **Acts 4:32-37**; Old Testament Text: **Psalm 66:1-9**; Gospel Text: **John 15:9-12**.

Read **Acts 4:32-37** as you listen to the sermon, then answer the questions below.

1. Read **Acts 4:32**. According to this verse, how many believers were of *one heart and one soul*?
2. What do you think would compel these believers to share freely everything they had with other believers?
3. Read **Acts 4:33**. What do you think was the source of the *great power with which the apostles were giving their testimony to the resurrection of the Lord Jesus*?
4. Considering how these people were living, why would it make sense that *great grace was upon them all*?
5. Read **Acts 4:34-35**. Now, read **1 John 3:17-18 (p. 1303)**. How does this passage from **1 John 3** help you to understand what was going on in the lives of these believers?

6. Read **Acts 4:36-37**. What was it about this Joseph that caused people to give him the new name *Barnabas (son of encouragement)*?

7. What do you think it would take for the people of Trinity to develop a heart and soul like Barnabas?

8. Do you think this is an attainable goal here? Why or why not?

9. What will you remember most from this message?

### **Discussion Guide for Your Life Group Meeting**

- I. At your Life Group meeting, first read **Psalm 66:1-9** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Why should *shouting for joy to God* be the most natural reaction in the world for a believer?
  2. How might you endeavor to *sing the glory of his name* in a way *that brought him glorious praise*?
  3. What might you celebrate as some of *God's awesome deeds* in the days of the Old Testament?
  4. Can you think of enemies of God *who cringed before him*?
  5. When you read **Ps. 66:4**, how do you define *all the earth*?
  6. As you currently live your life, would you say you are doing a good job of *worshipping God and singing his praises*? Explain.
  7. What things might you *show others to show them the things God has done for the children of man*?
  8. **Ps. 66:6** is certainly a mighty example of one of *God's awesome deeds*. Though the Israelites *rejoiced in him for a time*, how did they come to *rebel against him and exalt themselves*?
  9. Name some ways each of us might *bless our God*?
  10. Can you think of some ways God has *kept your feet from slipping over the years*?
- II. Next read **John 15:9-12**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions.
1. What are some ways *we can abide in Christ's love*?
  2. According to **John 15:10**, what is the sure-fire way to *abide in Christ's love*?
  3. Can you think of examples from your own life where your obedience to Christ led you to a deeper experience of his love?
  4. According to **John 15:11**, to what is our obedience intended to lead us?
  5. If joy is intended to be a prime characteristic of our faith in Christ, what prevents so many Christians from walking in joy?
  6. When you read **John 15:12**, how would you describe the ways *Christ has loved you*?
  7. How would you go about sharing that love with others?

- III. Read **Acts 4:32-37**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Read **Acts 4:32**. According to this verse, how many believers were of *one heart and one soul*?
  2. What do you think would compel these believers to share freely everything they had with other believers?
  3. Read **Acts 4:33**. What do you think was the source of the *great power with which the apostles were giving their testimony to the resurrection of the Lord Jesus*?
  4. Considering how these people were living, why would it make sense that *great grace was upon them all*?
  5. Read **Acts 4:34-35**. Now, read **1 John 3:17-18 (p. 1303)**. How does this passage from **1 John 3** help you to understand what was going on in the lives of these believers?
  6. Read **Acts 4:36-37**. What was it about this Joseph that caused people to give him the new name *Barnabas (son of encouragement)*?
  7. What do you think it would take for the people of Trinity to develop a heart and soul like Barnabas?
  8. Do you think this is an attainable goal here? Why or why not?